**PRE-APLICATION FORM**

**Personal Information**

|  |  |  |  |
| --- | --- | --- | --- |
| Name |  | First name |  |
| Address |  |
| Zip code |  | City |  |
| Country |  | Date of birth: (dd/mm/yyyy) |  |
| ESC registration number |   | Mobile phone |   |
| Email address |   | Website |  |
| Name of Sending organization |  ProAtlântico-Associação JuvenilNuno Chaves  | Email of contact person at sending organisation | sveenvio@proatlantico.com |
| Contact person at sending organisation |

**Connections abroad**

Has anyone in your family participated in an AFS Program (hosting/sending)? NO / YES

Any close friends or relatives living abroad? If yes, please specify city and country NO/ YES

Have you participated in any other exchange program, traveled abroad for a long period or lived in another country? Please provide details:

**Placement**

**Medical requirements and health restrictions**

Do you have physical restrictions, impairments or allergies that will limit placement options or participation in everyday family and/or activities?

YES / NO If yes, please explain:

Did you ever consult a psychologist or psychiatrist?

YES / NO If yes, please explain:

**Dietary requirements**

Do you have dietary restrictions, including for medical, religious or self-imposed reasons? YES / NO

If yes, please explain: *.*

**Religion**

What is your religious affiliation, if any? (Optional) How strongly do you feel about having access to structured religious services of your own faith? REQUIRED / NON REQUIRED

**Smoking**

Do you smoke cigarettes? NO / YES

Will you smoke during your ESC program YES / NO

**Languages**

Native language:

Language proficiency (for languages other than your native language):

Language: Years studied:

Speaking ability: Writing ability:

**HOSTFAMILY**

*AFS strongly believes in the intercultural learning aspect of an ESC-experience. Therefore, the volunteer will be living with a volunteer host family, as we believe this is the best introduction to Belgian culture and a great opportunity to integrate in the local community.*

**Motivation to live in host family**

You will be accommodated in a host family. Please describe your motivation to live in a local host family

**Self Intro**

Please attach one **picture** of yourself to the pre-application form!

The Self Intro is your chance to tell AFS-Belgium Flanders/your future host family about yourself in a letter. Incorporate your answers to the questions below in order to communicate who you are. Please write your letter in English.

Keep in mind that this will be the first impression your future host family gets of you.

To give you an idea, some questions you might want to answer:

1. How would your family and friends describe your personality?
2. How would you describe your relationship with your family and friends?
3. What are your different roles in your community (For example: school, work, sports, community activities)? What is important to you?
4. What part of your daily life do you find frustrating or difficult?
5. Whether or not you have been successful, please describe an obstacle in your life and how you attempted to overcome this challenge.
6. Tell us about your education or career plans.
7. Please identify your major interests and activities and how often you pursue them. You should include various types of interests and activities.

 **HOSTING PROJECT**

**Motivation for the local ESC project(s)**

**SENDING ORGANISATION**

Sending Organization

Name: ProAtlântico-Associação Juvenil

PIC: 950489033

Address:Casa Europa-Rua Policarpo Anjos nº43

Zip code: 1495-207

State/Province: Cruz Quebrada

Country: Portugal

Phone: 00351214218417 E-mail: sveenvio@proatlantico.com

Website:

Contact Person

Name: Nuno Chaves

Phone: 00351214218417

E-mail: sveenvio@proatlantico.com

